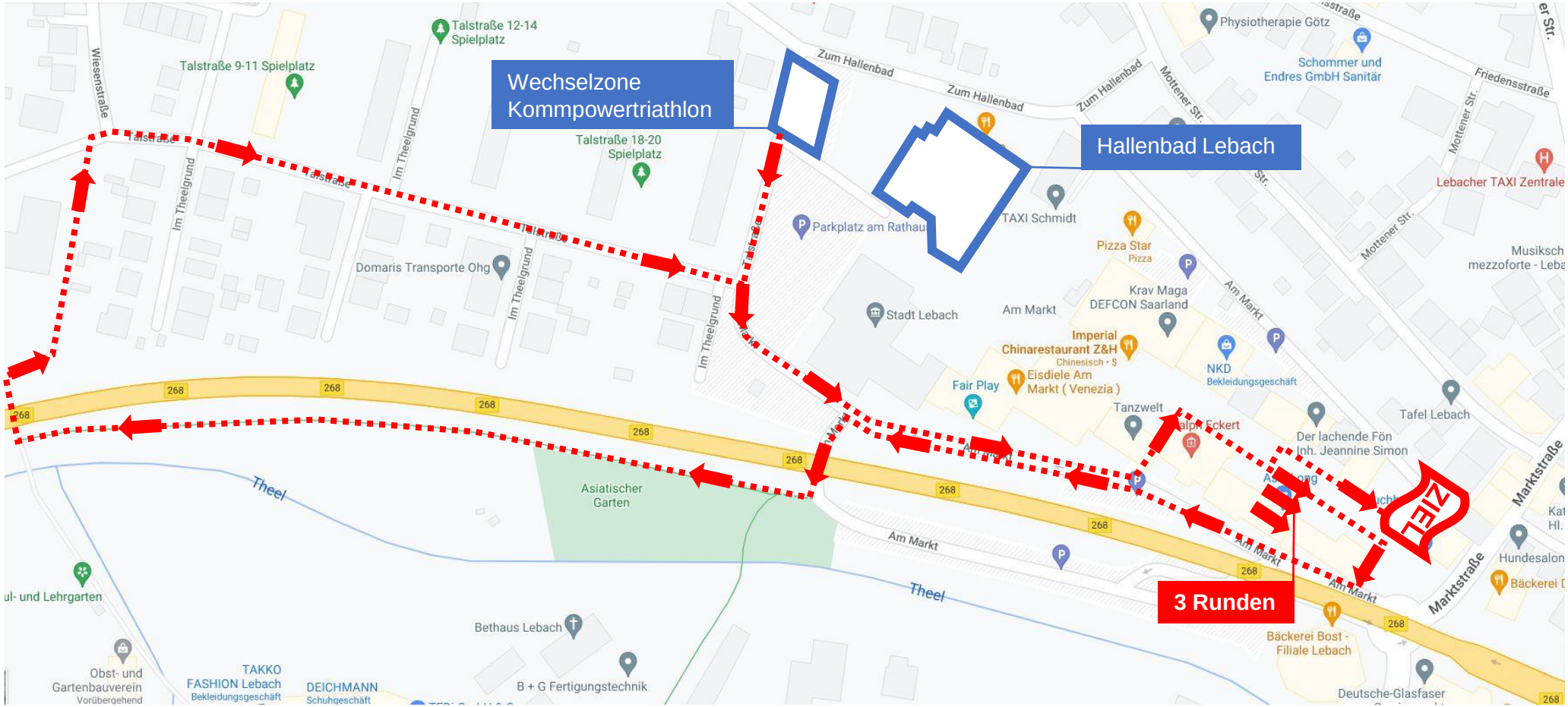Streckenplan Laufen beim Kommpowertriathlon (5 km)