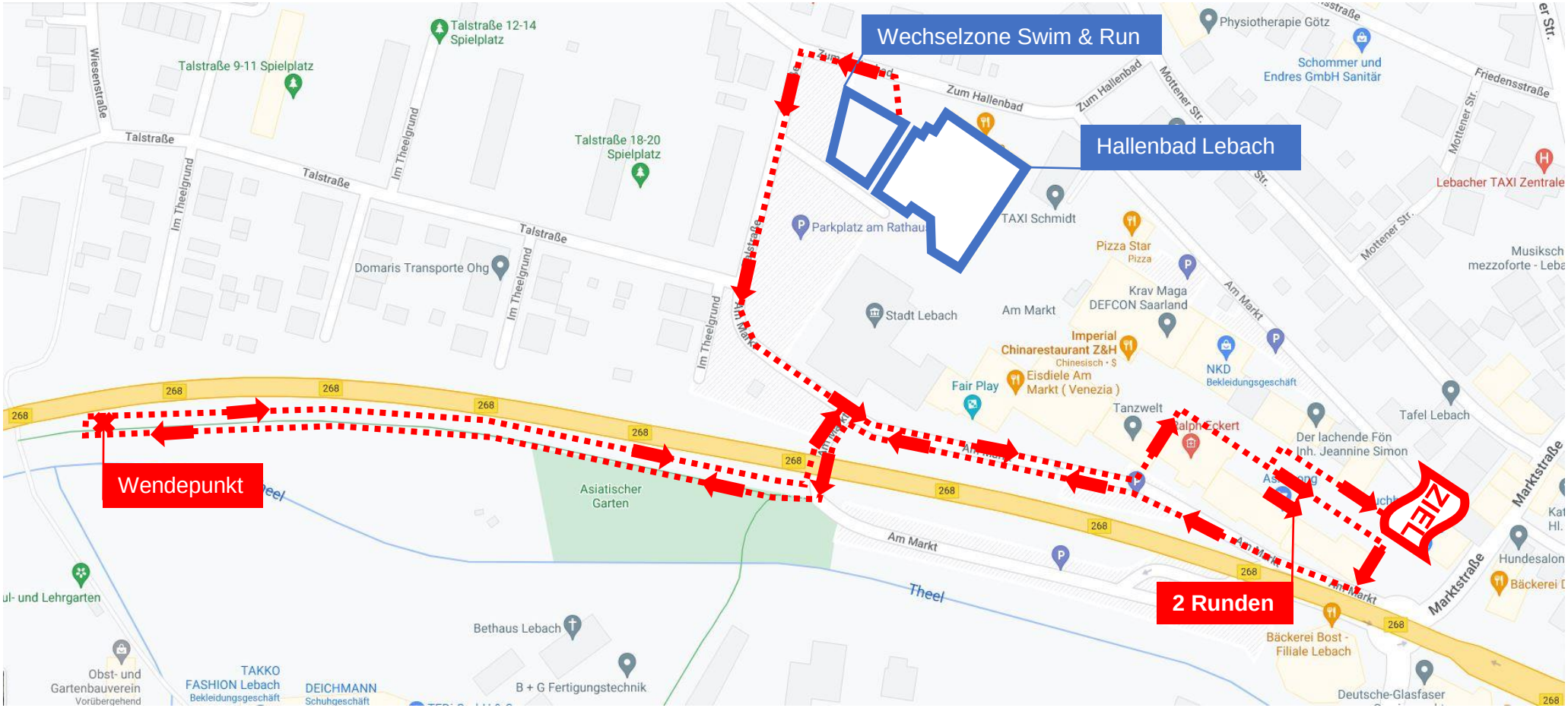Streckenplan Laufen beim Swim & Run (3 km)